

รายการหนังสือมีชีวิต / Living Books Catalog

รหัส / Code : LB-035

Title : The Last Lecture

Author- Nationality : Randy Pausch and Jeffrey Zaslow - American

Language : English

Place of publication : United States

Year of publication : 2008

Estimated time to read : 30 min.

Assortment/Genre : Non-fiction

Catchwords : Psychology, Autobiology

Book report (abstract) :

This book is both inspiring and powerful described by a college professor at Carnegie Mellon University, Randy Pausch. In their last year professors are often asked to give a talk, their last lecture, in which they reflect on their experiences. Randy Pausch was diagnosed with pancreatic cancer. He didn't have to imagine it as his last, since he had recently been diagnosed with terminal cancer. He then decided to write The Last Lecture. He talks about giving yourself permission to dream big, and achieving your goals. He points out that we all have a finite amount of time and energy and that time spent complaining cannot help us achieve our goals. It was about the importance of overcoming obstacles, of enabling the dreams of others, of seizing every moment. He also illustrates such themes as hard work, perseverance, sacrifice, self-confidence, modesty, courage, a positive outlook, and dealing with adversity. He concludes by looking forward sharing his dreams for his children. On July 25th, 2008 Randy Pausch lost his battle with cancer as he mentioned "We cannot change the cards we are dealt, just how we play the hand" (Pausch & Zaslow, 2008).

