รายการหนังสือมีชีวิต / Living Books Catalog

รหัส / Code : LB-034

Title : Bento- Pinto (เบนโตะ-ปั่นโต)

Author-Nationality: Miss Sukanya Chootarat - Thai

Language: Thai

Place of publication: Nakohon Ratchama, Thailand

Printing year: 2014

Assortment: 15-30 Min.

Genre: Cookbook

Keywords: Bento, Cooking, Thaifood, Lunch box

Book report (abstract):

ปิ่นโต (Pinto) is a takeout or home-packed meal common in Thai cuisine.It can hold Thai rice and meat or vegetables in a box-shaped container. The sound of Pinto in thai Language is Similar to Bento; a lunch box of Japanese People. Not only being a popular hobby for cooking lovers, people who make pinto can save money have good health and send their warm nearts to the others. In summary, This book can tell you the styles of Pinto, how to cook and decorate, and many interesting recipes.

